

Scriptural Rosary for Justice and Peace

Prayer is an underutilized resource in the work of justice. Join with CCHD and Catholics across the country in praying this online version of the *Scriptural Rosary for Justice and Peace*. We pray the Luminous Mysteries to help us follow more closely the example set by Jesus in His ministry to the poor and the vulnerable.

Open yourself to the mystery:

In praying the Rosary, we open ourselves to the mystery of God's love by focusing our attention on the scriptures, God's Word which continues to speak to us today.

In doing so, John Paul II reminds us that our focus on the life of Jesus "cannot fail to draw attention to the face of Christ in others, especially in the most afflicted."

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Praying the Rosary



THE PRAYERS OF THE ROSARY

1. Make the Sign of the Cross.
2. Holding the Crucifix, say the *Apostles' Creed*.
3. On the first bead, say an *Our Father*.
4. Say one *Hail Mary* on each of the next three beads.
5. Say the *Glory Be*
6. For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture) then say the *Our Father*.
7. While fingering each of the ten beads of the decade, next say ten Hail Marys while meditating on the Mystery. Then say a *Glory Be*.
Fatima Prayer: *O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.*)
8. After saying five decades, say the Hail, Holy Queen, followed by this prayer:
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.
Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord.
Amen.

Conclude the Rosary with the Sign of the Cross.

The Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen

The Hail Mary

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death. Amen.

The Glory Be (The Doxology)

Glory be to the Father, the Son, and the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

The Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven,
especially those who have most need of your mercy.

The Hail Holy Queen (The Salve Regina)

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you we cry, poor banished children of Eve;
to you we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this, our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

Pray for us most holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us Pray:

O God, whose only begotten Son's life, death and resurrection has purchased for us the rewards
of eternal life, grant, we beseech thee, that meditating upon these mysteries of the Most Holy
Rosary of the Blessed Virgin Mary, that we may imitate what they contain, and obtain what they
promise, through the same Christ Our Lord. Amen.

Most Sacred Heart of Jesus, have mercy on us.

Immaculate Heart of Mary, pray for us.

Most Chaste Heart of St. Joseph, pray for us.

First Luminous Mystery: BAPTISM IN THE JORDAN

Jesus begins his public ministry being baptized by John.

Our Father . . .

For our sake he made him to be sin who did not know sin, so that we might become the righteousness of God in him. 2 Cor 5:21

Hail Mary . . .

He went throughout (the) whole region of the Jordan, proclaiming a baptism of repentance for the forgiveness of sins, as it is written in . . . Isaiah: “A voice of one crying out in the desert: ‘Prepare the way of the Lord, make straight his paths.’” Lk 3:3

Hail Mary . . .

And the crowds asked him, “What then should we do?” He said to them in reply, “Whoever has two cloaks should share with the person who has none. And whoever has food should do likewise.” Lk 3:10-11

Hail Mary . . .

Jesus also had been baptized . . . heaven was opened and the holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, “You are my beloved Son; with you I am well pleased.” Lk 3:21-22

Hail Mary . . .

Here is my servant whom I uphold, / my chosen one with whom I am pleased, / Upon whom I have put my spirit. Is 42:1

Hail Mary . . .

A bruised reed he shall not break, / and a smoldering wick he shall not quench. Is 42:3

Hail Mary . . .

I, the LORD, have called you for the victory of justice. Is 42:6

Hail Mary . . .

I formed you, and set you / as a covenant of the people, / a light for the nations. Is 42:6

Hail Mary . . .

“The Spirit of the Lord is upon me, / because he has anointed me / to bring glad tidings to the poor.” Lk 4:18

Hail Mary . . .

“He has sent me to proclaim liberty to captives / and recovery of sight to the blind, / to let the oppressed go free, / and to proclaim a year acceptable to the Lord.” Lk 4:18-19

Hail Mary . . . Glory be . . .

LORD JESUS, HELP US TO PERSEVERE IN LIVING OUT OUR BAPTISMAL PROMISES.

Second Luminous Mystery: THE WEDDING AT CANA

Jesus performs his first public sign revealing his true identity, at the request of his mother.

Our Father . . .

When the wine ran short, the mother of Jesus said to him, "They have no wine." Jn 2:3

Hail Mary . . .

Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." Jn 2:4

Hail Mary . . .

His mother said to the servers, "Do whatever he tells you." Jn 2:5

Hail Mary . . .

Jesus told them, "Fill the jars with water." So they filled them to the brim. Then he told them, "Draw some out now and take it to the headwaiter." Jn 2:7-8

Hail Mary . . .

The headwaiter called the bridegroom and said to him, "Everyone serves good wine first, and then when people have drunk freely, an inferior one; but you have kept the good wine until now." Jn 2:9-10

Hail Mary . . .

If I . . . have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do.

Jn 13:14-15

Hail Mary . . .

To you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. Lk 6:27-28

Hail Mary . . .

Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Lk 6:37

Hail Mary . . .

Then he said to all, "If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me." Lk 9:23

Hail Mary . . .

This is my commandment: love one another as I love you. Jn 15:12

Hail Mary . . . Glory be . . .

LORD JESUS, OPEN US TO THE POWER OF YOUR GRACE TO CHANGE OUR HEARTS AND LIVES.

Third Luminous Mystery: PROCLAMATION OF THE KINGDOM OF GOD

After John was arrested, Jesus began proclaiming the Good News of God's kingdom.

Our Father . . .

Jesus came to Galilee proclaiming the gospel of God. Mk 1:14

Hail Mary . . .

This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.

Mk 1:15

Hail Mary . . .

The Spirit of the Lord is upon me, / because he has anointed me / to bring glad tidings to the poor. Lk 4:18

Hail Mary . . .

He has sent me to proclaim liberty to captives / and recovery of sight to the blind, / to let the oppressed go free, / and to proclaim a year acceptable to the Lord. Lk 4:18-19

Hail Mary

Today this scripture passage is fulfilled in your hearing. Lk 4:21

Hail Mary . . .

You have heard that it was said, "An eye for an eye and a tooth for a tooth." But I say to you . . . when someone strikes you on [your] right cheek, turn the other one to him as well. Mt 5:38-39

Hail Mary

You have heard that it was said, "You shall love your neighbor and hate your enemy." But I say to you, love your enemies, and pray for those who persecute you. Mt 5:43-44

Hail Mary . . .

Do not store up for yourselves treasures on earth . . . But store up treasures in heaven . . . for where your treasure is, there also will your heart be. Mt 6:19-21

Hail Mary . . .

Do to others whatever you would have them do to you. This is the law and the prophets. Mt 7:12

Hail Mary . . .

Without cost you have received; without cost you are to give. Mt 10:8

Hail Mary . . . Glory be

LORD JESUS, FILL US WITH THE DESIRE TO STRIVE FOR ONGOING CONVERSION.

Fourth Luminous Mystery: THE TRANSFIGURATION

Jesus is seen with Moses and Elijah, confirming that his suffering will end in glory.

Our Father . . .

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. Mt 17:1-2

Hail Mary . . .

Two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem. Lk 9:30-31

Hail Mary . . .

Peter and his companions . . . saw his glory and the two men standing with him. Lk 9:32

Hail Mary . . .

Peter said . . . "Master, it is good that we are here; let us make three tents. . . ." But he did not know what he was saying. Lk 9:33

Hail Mary . . .

A voice [said], "This is my beloved Son, with whom I am well pleased; listen to him." Mt 17:5

Hail Mary . . .

But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone. Mt 17:7-8

Hail Mary . . .

Through him was life, and this life was the light of the human race; the light shines in the darkness, and the darkness has not overcome it. Jn 1:4-5

Hail Mary . . .

No one has ever seen God. The only Son, God, who is at the Father's side, has revealed him. Jn 1:18

Hail Mary . . .

All of us, gazing with unveiled face on the glory of the Lord, are being transformed into the same image from glory to glory, as from the Lord who is the Spirit. 2 Cor 3:18

Hail Mary . . .

You are the light of the world . . . your light must shine before others, that they may see your good deeds and glorify your heavenly Father. Mt 5:14, 16

Hail Mary . . . Glory be . . .

LORD JESUS, GRANT US THE COURAGE TO SHINE YOUR LIGHT IN OUR LIVES.

Fifth Luminous Mystery: INSTITUTION OF THE EUCHARIST

At the last supper, Jesus instructs us to remember him in celebration of the Eucharist.

Our Father . . .

Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end. Jn 13:1

Hail Mary . . .

My appointed time draws near; in your house I shall celebrate the Passover with my disciples.

Mt 26:18

Hail Mary . . .

I have eagerly desired to eat this Passover with you before I suffer, for, I tell you, I shall not eat it [again] until there is fulfillment in the kingdom of God. Lk 22:15-16

Hail Mary . . .

Then he took the bread, said the blessing, broke it, and gave it to them, saying, "This is my body, which will be given for you; do this in memory of me." Lk 22:19

Hail Mary . . .

And likewise the cup after they had eaten, saying, "This cup is the new covenant in my blood, which will be shed for you." Lk 22:20

Hail Mary . . .

For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. 1 Cor 11:26

Hail Mary . . .

I pray not only for them, but also for those who will believe in me through their word, so that they may all be one . . . that the world may believe that you sent me. Jn 17:20-21

Hail Mary . . .

Now you are Christ's body, and individually parts of it. 1 Cor 12:27

Hail Mary . . .

For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit. 1 Cor 12:13

Hail Mary . . .

If [one] part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy. 1 Cor 12:26

Hail Mary . . . Glory be . . .

LORD JESUS, MAKE OF US A SIGN OF THE UNITY FOR WHICH YOU PRAYED.